

# Fruit and Vegetable Mystery

The First Grade Crew

I am a

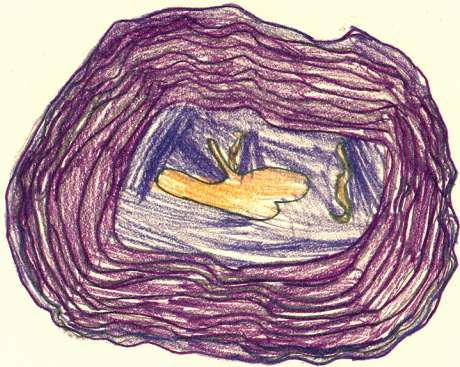


strawberry

I am in the rose family. My part of the plant is the fruit. I taste sweet. My color is green and red. My size is about 2 inches. I am shaped like a heart. I grow in summer and spring. The soil I grow best in is sandy soil. I take 2 or 3 months to grow. I taste best raw. I smell sweet. I am used in milk shakes, smoothies, salads, punch, and yogurts. I have 200 seeds on my outside. Who am I?

(Lindsey)

I am a cabbage





I am in the cruciferous family. My part of the plant is the leaf. I taste watery. My colors are red, white, purple, and dark green. I am usually round. My texture is bumpy and my leaves are smooth. I grow best in late fall and winter months with some sun. The soil I grow best in is well-drained soil and the soil should also be richly packed. I take about 2 months to grow. You can enjoy me raw or through simple steaming, stewing, or sautéing. I am about the size of a small soccer ball. I need a lot of water. I can weigh as much as a human baby. In the old days without me people would have gotten ill and died. Some people say I am "the vegetable of the humble folk". I originated from the wild me, and the wild me is found in Europe and the Mediterranean. I make a crunch sound when you eat me. My beta-carotene, vitamin c and fiber will keep you strong and healthy. I smell like broccoli and sort of plain. Who am I? (Cassandra)



I am a beet

I am in the chenopod family. I grow under ground. I taste sweet and earthy. I look like a rocket ship. Deep red, yellow, white, and golden can be my colors. I am as big as a light bulb. I grow in the spring. I can be boiled which makes me taste buttery and soft. I have a strong smell like dirt. My roots can be rainbow colors. You also can eat my leaves. If you eat me your pee may turn red. Who am I? (Benjamin)

I

am

a



Avocado

I am in the lauraceae family. I am the fruit of my plant. I taste nice and creamy. I am as big as a birds egg. You can plant me whenever you want during the year as long as you plant me someplace warm and tropical. I do best in loamy rich and shallow soil. I take about 4-6 years to produce fruit. You don't really want to cook me, rather you eat me raw. I am also known as an alligator pear. Who am I? (Noel)

I

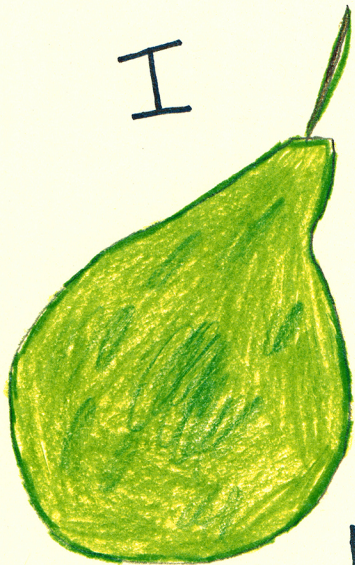
d m

q



lemon

I am in the rutaceae family. I am the fruit of my tree. I taste sour. I look as bright as the sun. My color is yellow. I am about the size of your palm. I feel bumpy on the outside. My inside flesh is divided into 8 to 10 segments. I am an oval shape. My favorite season is summer. I need well-drained soil and I take about 2 years to grow fruits. I taste good raw in your drinks. I look kind of like the spokes of a wheel or the slices of a pizza. Who am I? (Reese)



I

am

a

Pear



I am in the rose family. I grow from my tree's branch. Sometimes I am sweet and tangy. My size is roundish on the bottom and skinnyish on the top. I grow best in summer and fall. I grow in well-drained soil. I take 2 months to grow. I taste best raw, baked, or grilled. I smell sweet. I am one of the easiest fruits to digest.  
Who am I? (Kai)

I am a cauliflower  
flower



I am from the cabbage family. I am the flower of my plant. I taste crunchy and I look like broccoli. I am shaped like a tree. I can be white, purple, or orange. I am grown in cooler weather. I grow in sandy soil. I take 12 to 20 weeks to grow. I can be eaten raw or cooked or grilled. When you bite into me you may hear a crunch sound. I am as bumpy as a tree. It is cool that I can be orange, purple, and white. Who am I? (Lommen)

I

dm

broccoli



I am in the cabbage family. I am the flower  
of my plant. I taste crunchy. I am dark and  
light green colors. I do best in cold weather.  
You plant me in sandy and clay soil. It takes  
me about 60 days to grow. Please eat me raw  
or cooked. I look like a tree. I have super  
powers to fight cancer. I smell like nature.  
Who am I? (Broxton)



I

am

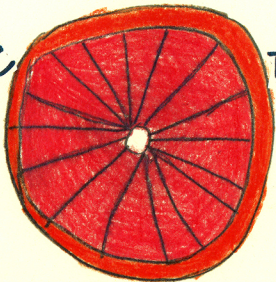
a

carrot

I am in the umbelliferae family. I am a root vegetable. My taste is sweet and minty. I look orange. A cool climate is what I need to grow. The best soil to plant me in is deep and sandy. I take about 4 months to grow. I taste crunchy. You can enjoy me raw or cooked. Eating me will help you see in the dark. I can even be in cakes! Who am I? (KJ)

I am a

grape



fruit



I am a citrus fruit. I can be white, pink, yellow, and red on the outside and in the inside.

In my inside there are different segments. I have a lot of vitamin C in me. I grow best in spring and summer. I am developed from the French people. I grow on vines and I grow best in deep well drained soil. I taste tart and bitter. I feel smooth on the outside. I am round. I taste best raw. I take about a month to grow. Who am I? (Lucy)

I

am

Aspar

agus



I come from the asparagaceae family. I am a part of my plant's shoots. I taste watery. I can be green, white, and purple. You plant me in winter and I grow in the spring. I taste good cooked. If you eat me raw I taste horrible. I have a crunch when you eat me. I look like a tree.

When you eat me and then you pee it may smell weird. I like salty soils and I need lots of space to grow. My fruits are small and red and my flowers are poisonous. I can grow to about 8 inches tall. I am known as the King vegetable. Who am I?

(Emma)